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Scarborough Paragon Cycling Club present their Open 10 miles Time Trial

Ray Flinton & John Leadley Memorial Trophy Competitions & Yorkshire Cycling Federation SPOCO Points

**Saturday 24th August 2019 @ 14:00hrs/2pm**

### “For and on behalf of Cycling Time Trials under their rules and regulations”

**Organiser**: Kevin Allen, 10 Seaview Close, Scarborough, YO11 3JB.

Tel: 01723 371666, 07528 654146 or email: kevin.james.allen10@outlook.com

**Timekeepers:** Geoff Backshall – City RC (Hull) & Elaine Ward – Scarborough Paragon CC

**Course Details**: V415 \*\* Denotes location of marshals.

START at power pole L44063/4 approx. 200 yards north of Burton Fleming/Grindale/Rudston/Hunmanby crossroads. Proceed northwards towards Hunmanby (Bartindale Road), turning LEFT at crossroads\*\* (2.839mls) and proceed towards Wold Newton. Turn LEFT at T junction 0.75 ml east of Wold Newton\*\* (6.011mls). Proceed through Burton Fleming\*\* towards Grindale to FINISH at power pole L4445/83 approx. 0.5m east of entrance to Finley Hill Farm (10m).



PRIZES

1st fastest £30 1st Juv/Jun £20 1st Woman £30 1st Vet on Standard £30

2nd fastest £25 2nd Juv/Jun £15 2nd Woman £25 2nd Vet on Standard £25

3rd fastest £20 3rd Juv/Jun £10 3rd Woman £20 3rd Vet on Standard £20

**Course records:** Seniors: James Gullen (JLT-Condor) 19:48 on 26/08/17; Women: Jo Blackburn (Team Swift) 24:43 on 28/06/14; Junior/Juveniles: Cavan Walker (age 16 - Prologue RT) 21:40 on 24/06/17.

**Information for Competitors and Officials – PLEASE READ !!!**

# Headquarters, Toilets, Results& Refreshments – Burton Fleming Village Hall, YO25 3PD. Riders sign on for your number here and don’t forget to SIGN OUT when returning it.

# Limited parking in the village hall car park. PLEASE DO NOT PARK ON THE GRASS VERGES OUTSIDE.

* Please allow sufficient time to ride to the Start from the HQ – approx 1½­ miles (10 minutes). **Turn left out of the HQ towards Grindale and then left again into the start lane (Bartindale Road) at the crossroads junction in the dip.**
* Please do not use turbo trainers near local houses and respect the village residents
* Please do not disturb the timekeeper after you have finished - retrace to the HQ where the results will be displayed
* Ray Flinton Memorial Trophy – is awarded to the fastest Veteran on Standard (any Club) in this open event
* CTT and the event promoter strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard. In accordance with Reg. 15, all JUVENILE/JUNIOR competitors **MUST** wear protective hard-shell helmets.
* It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
* Remember to ride safely with your HEAD UP, taking care through the village.